



Family COVID-19 Quick Guide

If...	Then...
My child does not pass the daily health screening questions.	<ul style="list-style-type: none"> ● Stay home & notify school. ● Make an appointment to see my pediatrician and follow their guidance on whether a Covid-19 test is recommended. ● Notify the school of doctor's recommendation.
Based on my child's symptoms, my pediatrician did <u>not</u> recommend a Covid-19 test.	<ul style="list-style-type: none"> ● Notify the school. ● My child may return to school after they have been symptom-free for 48 hours without the use of analgesics. ● A doctor's note with their diagnosis is preferred.
Based on my child's symptoms, my pediatrician recommended a Covid-19 test. The results are positive .	<ul style="list-style-type: none"> ● Stay home & notify school. ● My child may return to school if it has been at least 10 days since symptom(s) onset with the last three days fever-free without the use of analgesics and a general reduction in symptoms. ● This will trigger a quarantine for close contacts.
Based on my child's symptoms, my pediatrician recommended a Covid-19 test. The results are negative .	<ul style="list-style-type: none"> ● Notify the school. ● My child may return to school after they have been symptom-free for 48 hours without the use of analgesics.
My child had a positive Covid-19 test, although they are not experiencing symptoms.	<ul style="list-style-type: none"> ● My child must stay home for 10 days from the day of the test. ● This will trigger a quarantine for close contacts.
Someone in my household experiences Covid-19 symptoms. My child seems ok.	<ul style="list-style-type: none"> ● Exercise caution; consider keeping my child home until Covid-19 is ruled out. ● The person experiencing symptoms should quarantine, and may not be the drop-off/pick-up person until Covid-19 is ruled out.
Someone in my household tests positive for Covid-19.	<ul style="list-style-type: none"> ● Notify the school. ● My child must remain home in quarantine for a full 14 days.
My older child is in quarantine, due to a positive Covid-19 case in their classroom, in another school. <p style="text-align: center;">OR</p> A caregiver or parent is in quarantine due to exposure in the workplace or elsewhere.	<ul style="list-style-type: none"> ● My child can continue to attend preschool, as long as they are healthy and symptom free. ● The older child in quarantine may not come to drop-off or pick-up.

Covid-19 Symptom List :

Fever & Cough are the most common symptoms in children, other symptoms include;
Nasal congestion, runny nose, new loss of smell or taste, sore throat, shortness of breath, difficulty breathing, diarrhea, nausea, vomiting, stomach ache, tiredness, headache, muscle aches and poor appetite